



CLAYTON COUNTY

## Board of Health

---

### **When Rumors Fly, Turn to Trusted Resources**

When a new virus like coronavirus disease (COVID-19) emerges on the public health scene, there are many questions. It is normal to be concerned about COVID-19, which has caused so much illness and death in the United States. Public health officials take every disease outbreak seriously and Clayton County VNA (Public Health) has been working closely with the Iowa Department of Public Health (IDPH) and Centers for Disease Control and Prevention (CDC) to learn about COVID-19 and its risk to Iowans.

In a time of uncertainty, social media becomes a platform for rumors and misinformation. “We are aware of misinformation about COVID-19 both locally, across Iowa and nationally,” said Clayton County VNA Director Stacey Killian. “It’s important for Clayton County residents to rely on trusted sources of information like the CDC, IDPH and our public health agency.”

IDPH updates its COVID-19 website daily with current data on Iowans being monitored or tested for the virus, and what the test results are.

The most important thing for Clayton County residents to do is to continue the prevention measures they would use for any respiratory virus.

- Clean your hands frequently with soap and water.
- Cover coughs and sneezes with your elbow or upper arm.
- Contain germs by staying home when ill.

For general questions on COVID-19, public health nurses at the Clayton County Visiting Nurse Association can be reached at (563) 245-1145.

For up-to-date information on COVID-19, visit the IDPH webpage at <https://idph.iowa.gov/Emerging-Health-Issues/Novel-Coronavirus> and follow the department on Facebook at @IowaDepartmentOfPublicHealth and on Twitter at @IAPublicHealth.